

Peanut / Tree Nut Free Snack List

Jack & Jill is a peanut / tree nut free preschool. Please make sure that when sending in a snack for your child's birthday or holiday party to consult this list before purchasing your treat.

Please note that all snacks for birthdays and holiday parties must be store bought. **No home baked snacks or store bought baked goods** (this includes Tops & Wegmans bakeries, Tim Hortons, etc.) may be brought into the classroom.

Please read labels/ingredients carefully to make sure the products are peanut and tree nut (almond, walnut, pecan, etc.) free. Please avoid products whose labels (found at the end of the ingredient list) state any of the following:

“Contains: peanuts, tree nuts, etc.”

“May contain peanuts, tree nuts, etc.”

“...manufactured in a facility...” with any nuts

“...manufactured on shared equipment...” with any nuts

***If you have any questions please contact the Snack Purchaser. Thank you for helping to make Jack & Jill a safe learning environment for all of our children.

The following list are peanut and tree nut free snacks that ARE safe:

CRACKERS & COOKIES

Cheez-Its

Cheese Nips

Goldfish

Gripz

Honey Maid, Keebler or Nabisco Graham Crackers

TOPS Animal Crackers

Cameos

Keebler Fudge Stripes

Keebler Fudge Grahams

Keebler Grasshopper Fudge Mint Cookies

E.L. Fudge Sandwich Cookies
Lorna Doones
Teddy Grahams
Nabisco Chips Ahoy
Nabisco Regular or Double Stuff Oreos
Nabisco Mini Oreos or Mini Chips Ahoy
Nilla Wafers

CHIPS

Bugels
Cheetos
Doritos
Fritos
Potato chips (not kettle-cooked)
Pretzels (not Snyder's)
Pringles
Sun Chips
Tostitos

FROZEN TREATS

Popsicles
Whole Fruit bars
Juice bars
Luigi's Flavored Ice

MISC. TREATS

Nutrigrain CEREAL bars (not Fruit or Nut Bars)
Kellogg's Rice Krispie Treats (store-bought only & not peanut butter flavor)
Fruit Snacks (not Brach's brand)
Fruit Roll-Ups
Tops, Hunts or Kraft pudding cups
Gogurt
Fresh Fruit or Veggies
Applesauce
Raisins

CANDY TREATS FOR HOLIDAYS

Airheads
Blow Pops
Dots
Dum Dum suckers
Fun Dip

Gushers
Jolly Rancher Gummies
Jolly Ranchers
Juju Fruits
Junior Mints
Laffy Taffy
Lifesavers (hard and gummy)
Mike & Ike's
Nerds
Pixy Sticks
Ring Pops
Rolos
Sixlets
Skittles
Smarties
Spree
Starbursts
Swedish Fish
Sweetarts (regular and chewy)
Tootsie Rolls
Tootsie Roll Pops
Twizzlers
Whoppers
York Peppermint Patties